

LCB Registration Information

Registration is at the Lake Central High School pool foyer, located at the north end of the school. You can register on:

Saturday, September 18th from noon to 2 PM

Wednesday, September 22nd from 6 PM to 8 PM

Or make other arrangements with Coach Jeff, coachjeff@lcbswim.com, or 219-365-1406.

By the end of registration you should have:

1. Completed the USA swimming registration form.
2. Leave a copy of your child's birth certificate.
3. Signed the Parental Consent and Release form.
4. If selling candy, have 2 boxes of candy to sell.
5. Depending on how you are paying for the season, leaving one to three checks made payable to "LCB"
6. Leave another check (per family, not per swimmer) made payable to "LCB" for \$100.00 for the work deposit.

The practice schedule is as follows:

Copper: Monday, Wednesday, Thursday, Friday from 4:45 PM to 5:45 PM

Bronze: Monday, Wednesday, Thursday, Friday from 5:30 PM to 7:00 PM
Tuesday, 4:45 PM to 6:15 PM

Silver: Monday, Wednesday, Thursday, Friday from 6:30 PM to 8:45 PM
Tuesday, 6:00 PM to 8:15 PM

Please view the calendar at www.lcbswim.com

Your child's first swim practice:

Bring a towel, swim suit, swim goggles a duffel bag/back pack with a change of clothes. (We do have a limited amount of goggles(\$10) for sale during sign ups)

There are locker rooms for the kids to change in.

A lot of parents have their child arrive in their swim suit and change into dry clothes after practice.

Once at the pool, have your child go on the pool deck, parents can go in the stands to watch.

Practice will start with all the swimmers stretching before entering the water.

At the end of practice you can help your child change in the locker room or wait for them in the hallway by the locker rooms or the pool foyer.

Parental Consent and Release 2010

For and in consideration of the instruction, training, physical conditioning and education benefits offered to my children through age group swimming, by the Lake Central Barracudas, Inc., I hereby release the Lake Central Barracudas, Inc. its officers, agents, servants and employees, including instructors and coaches from all liability from the undersigned, my children, heirs, assigns and next of kin, for all loss or damage and any claims or demands on account of injury to myself or my children, resulting in death or injury to myself or my children, whether caused by negligence of the releases, or otherwise, while the undersigned or their participating children are in, about, or around facilities used by the Lake Central Barracudas for instruction, training, meets or club activities. I further certify that my participating children are in good physical condition, that I have consulted with my family physician or a physician of my choosing concerning their participation in the sport of Age Group Swimming, and I am satisfied that they are physically capable of participating in this swim program. The undersigned are the parent(s)/Legal Guardian(s) of the participating children, have read and fully understand the nature of this document and the Legal effect hereof. This signature is a release for all my children participating in the Lake Central Barracudas, Inc.

Children participating in the Lake Central Barracudas

Signature of parent/guardian

Date

LCB Picture Policy

From time to time, we put photos of our swimmers on the LCB website. If you prefer not to have your swimmers photo included on our website, please send an email to President@LCBswim.com identifying your swimmers name and request that they not be included in web photographs. If you do not have email, please give your written request to the Head Coach or any LCB Board member. Thank you.



Lake Central Barracudas 2010 - 2011 Winter Season

Volunteering Expectations

The Lake Central Barracudas, like most youth sports programs, is dependent upon the volunteer efforts of its parents to run smoothly and efficiently. As a result, we ask each Barracuda family to commit to a **minimum of 4 volunteer sessions** over the course of our winter home meet schedule. Sessions are typically 2-4 hours long with a wide-range of roles from timing to concessions. Each role provides you with the flexibility to watch your barracuda swim.

All barracudas families are asked to provide a **\$100 work check** upon registration. This work check will be returned upon the completion of the 4 volunteer sessions.

Fundraising Expectations

LCB is a non-profit organization which enables children to experience the benefits of participating in an age-group swim program. Fundraising is an essential element of maintaining the club's financial stability, and it allows us to minimize our annual dues. Your support of our *discretionary* fundraising activities during the season would be greatly appreciated. These activities include:

- Participating in AQUA-thon
- Selling ads for our home meet programs
- Frequenting our concession stands and *Hot Dogs to Go!*
 - Supporting our club sponsors
 - Purchasing LCB apparel and spirit gear
- Supporting our club's fundraising chairperson

Lake Central Barracudas

2010 Winter Season Fee Schedule

The swim season starts at the end of September
and lasts to the end of February (5 months).

	Total w/ Candy Sales option		Total w/ Buy Out option
1 Swimmer			
Copper	\$ 388.00		\$ 336.00
Bronze	\$ 428.00		\$ 376.00
Silver	\$ 478.00		\$ 426.00
 2 Swimmers			
C-C	\$ 649.00		\$ 597.00
C-B	\$ 689.00		\$ 637.00
B-B	\$ 725.00		\$ 673.00
C-S	\$ 739.00		\$ 687.00
B-S	\$ 775.00		\$ 723.00
S-S	\$ 820.00		\$ 768.00
 3 Swimmers			
C-C-C	\$ 833.00		\$ 781.00
C-C-B	\$ 873.00		\$ 821.00
C-B-B	\$ 909.00		\$ 857.00
C-C-S	\$ 923.00		\$ 871.00
B-B-B	\$ 909.00		\$ 857.00
C-B-S	\$ 959.00		\$ 907.00
B-B-S	\$ 959.00		\$ 907.00
C-S-S	\$ 1,004.00		\$ 952.00
B-S-S	\$ 1,004.00		\$ 952.00
S-S-S	\$ 1,004.00		\$ 952.00

Notes:

Make checks payable to LCB

Swimming dues include mandatory USS swim card

Fundraising obligation per family (reflected in totals above)

\$104 if selling candy. Please note that you retain the \$104 in sales proceeds.

\$52 if you prefer the "Buy out" option

The following payment schedule is available upon request:

1/2 total paid at registration

1/4/ total - provide check dated Oct-15-2010 at registration

1/4 total - provide check dated Nov-15-2010 at registration



September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Question/Concerns Please contact Coach Jeff @365-1406	Please note the change of practice dates for copper!!		1	2	3	4
5	6	7 Swim Lesson Sign-ups 5:00-6:00pm	8	9 Swim Lesson Sign-ups 5:00-6:00pm	10	11
12	13 Swim Lessons 5:00-5:45pm 6:00-6:45pm	14 Swim Lessons 5:00-5:45pm 6:00-6:45pm	15 Swim Lessons 5:00-5:45pm 6:00-6:45pm	16 Swim Lessons 5:00-5:45pm 6:00-6:45pm	17 No Swim Lessons LC Football Game	18 Swim Lessons 9:00-9:45pm 10:00-10:45pm LCB Tryouts- 12:00-2:00pm
19 Returning Barracudas Start	20 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30	21 Bronze-4:45-6:15 Silver-6:00-8:15	22 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30 Swim Team Tryouts 6:00-8:00pm	23 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30	24 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30	25 No Barracuda Practice
26 New Barracudas Start	27 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30	28 Bronze-4:45-6:15 Silver-6:00-8:15	29 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30	30 Copper-4:45-5:45 Bronze-5:30-7:00 Silver-6:30-8:30		