

**LAKE CENTRAL BARRACUDA'S
MODIFIED SWIM YOUR OWN AGE
8 & U, 9, 10, 11, 12, 13-14 AND SENIOR
SUMMER INVITE
SANCTION #IN10271**

**LAKE CENTRAL HIGH SCHOOL
8400 WICKER AVE (RT. 41)
ST. JOHN, IN 46373**

**JUNE 4, 5 & 6, 2010
25YD POOL**

RESULTS AVAILABLE ON OUR WEB SITE:

WWW.LCBSWIM.COM

- RULES:** Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming Rules 202.3.3- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.
- USA Swimming Suit Legislation**
In Swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as as provided in 205.10.1. All swimsuits shall be made from textile materials. Fro men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- START:** The no recall start procedure will be used.
- FORMAT:** *All events will be timed finals.*
Modified swim your own age: 8 & U, 9, 10, 11, 12, 13 -14 and senior with limited open long distance events.
- ELIGIBILITY:** Held under the sanction of USA Swimming, Inc. Sanction #10271. Current USA Swimming, Inc. registration required. No entries will be accepted unless the entrant is either registered or certified with USA Swimming, Inc. The swimmer's age as of June 4, 2010 will determine the age of the swimmer for the entire meet. Coaches MUST constantly display their USA Swimming coach credential to gain access to the deck. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply.
- CHECK IN/
SCRATCH:** This is a positive sign-in meet. Positive sign-in means, "I'm here, I intend to swim." To sign in positively, highlight swimmer's name on sign in sheets. Sign-in sheets will be posted before the start of warm-ups. The deadline for positive sign-in will be 25 minutes before the scheduled start of the session. At that deadline, the sheets will be removed and no changes or corrections will be accepted. The Indiana scratch rule is not in effect.
- CLERK OF
COURSE:** **8 & under events:**
Swimmers must report to the clerk of course at least 15 minutes before the start of the event.
All other events:
No clerk of course. Seeded heat sheets will be posted on deck immediately before the start of each session. It is the swimmers responsibility to appear at the correct starting platform ready to swim in time for the initial start of his/her heat.
- SCORING:** Scoring and results by "HY-TEK" meets manager.
- FACILITY:** 6-lane 25 yd competition pools with non-turbulent lane markers, Daktronics electronic timing equipment, spectator seating.
- The competition course has not been certified in accordance with 104.2.2C(4). Where a moveable bulkhead is used, course measurement of the lane in which the record was set (American, US Open, or National Age Group Records) must be confirmed at the conclusion of the session during which the time was achieved.
- FACILITY RULES:**
1. No smoking anywhere in facility
 2. No flash photography during starts
 3. Only swimmers competing in current sessions, coaches of entered teams, and officials

and other volunteers working in current session will be allowed on deck. No other persons are allowed on deck at any time.

4. No damage or vandalism to property.
5. Keep all trash picked up.
6. Do not go, or let children go in unauthorized areas. This means any place other than the hallways near the pool and spectator seating area near pool deck. Please do not roam the hallways of the school.

AWARDS:

Individual events will be awarded 1st – 6th place.

Relay events will be awarded 1st – 3rd Place.

Team trophies awarded 1ST – 3RD place.

Individual high point: 1st, 2nd & 3rd place high point trophy for each age group. Open events and relays are not scored for individual trophies.

COACHES:

Coaches meeting will be 20 minutes prior to each session.

ENTRY FORMS:

Entries will be accepted until 5:00 pm on Friday, May 21, 2010. Entries will be taken, starting on Monday, May 7, 2010. The preferred method for entries is a HY-TEK commlink file on 3.5" disk with hard copies. *Entries should be short course yard times.* All entries must also be listed by name, age, and USA Swimming, Inc. number. The release and hold harmless agreement and team summary report must be completed. Also include coach's proof of registration. Entries not submitted on a 3.5" disk will require an administration fee of \$50.00 payable to the Lake Central Barracudas. Fee will be waived for teams of five or less swimmers although disc entries are strongly recommended. *No phone entries.*

ENTRY LIMIT:

Swimmers may swim a maximum of five (5) individual events and one relay per day. Total number of swims will be limited to ensure a timely completion of the day's events. All entries will be accepted in the order received until the meet is full. *Deck entries will be accepted only if you are already entered into the meet and, if meet is not filled until the end of positive check-in. Entry fee for deck entries is \$5.00 per event.*

FEES:

Each individual event: \$2.50

Each relay: \$5.00

Indiana Surcharge \$1.50

Please make checks payable to: "Lake Central Barracudas, Inc."

MAIL ENTRIES TO: Lake Central Barracudas Or E-Mail to jeffsue_kilinski@sbcglobal.net
14215 94th PI
St. John, In 46373

WARM-UPS:

Friday - Lockers and pool area closed until 5:00PM do not arrive early!

FRIDAY:	5:00 PM CST	MEET BEGINS 6:00 PM CST
SATURDAY:	7:00 ARE CST	MEET BEGINS 8:00 AM CST
SUNDAY:	7:00 ARE CST	MEET BEGINS 8:00 AM CST

Note: Pool will "not" be available before 5:00PM on Friday.

Saturday and Sunday afternoons - Warm-ups will begin immediately following the end of the morning session but not before 12:00 noon. The meet begins one hour after warm-ups, but not before 1:00PM.

**UNESCORTED:
SWIMMERS:**

An unescorted swimmer must report to the meet director or the on-deck referee for lane assignments for warm-ups.

FINAL RESULTS: Final results will be mailed to teams represented by three (3) or more swimmers.

CONCESSIONS: There will be concessions at all sessions.

MEET DIRECTOR: Jeff Kilinski
219-365-1406
jeffsue_kilinski@sbcglobal.net

**LAKE CENTRAL BARRACUDAS
SUMMER INVITATIONAL
ORDER OF EVENTS**

FRIDAY P.M. - WARM-UPS AT 5:00PM, MEET BEGINS AT 6:00PM

<u>BOYS</u>	<u>EVENT</u>	<u>GIRLS</u>
1	13-14 500 YD FREE*	2
3	SENIOR 500 YD FREE*	4
5	9 YR OLD 200 YD IM	6
7	10 YR OLD 200 YD IM	8
9	11 YR OLD 200 YD IM	10
11	12 YR OLD 200 YD IM	12
13	13-14 YR OLD 400 YD IM*	14
15	SENIOR 400 YD IM*	16
17	9 YR OLD 200 YD FREE	18
19	10 YR OLD 200 YD FREE	20
21	11 YR OLD 500 YD FREE	22
23	12 YR OLD 500 YD FREE	24
25	OPEN 1650 YD FREE*	26

PLEASE NOTE:

It is mandatory that all 1650 swimmers supply 1 timer. Each 1650 swimmer has the option of supplying a lap Counter or swimming without one. There will be a maximum of one (1) heat of girls and one (1) heat of boys in the 1650 in the order they are received.

LONG EVENT LIMITATIONS: (500 yard freestyle and 400 yard individual medley). Long events will be limited to two (2) heats per event. The 12 fastest entries received will be seeded. Swimmers may submit an alternate entry to swim should they not be seeded in the 1650-yard event.

Refunds will be given if the swimmer does not qualify for an event.

LAKE CENTRAL BARRACUDAS SUMMER INVITATIONAL

ORDER OF EVENTS

SATURDAY A.M. - WARM-UPS AT 7:00AM, MEET BEGINS AT 8:00AM

BOYS	EVENTS	GIRLS
27	8-U 50 YD FREE	28
29	13-14 50 YD FREE	30
31	SR 50 YD FREE	32
33	8-U 25 YD BACK	34
35	13-14 200 YD BACK	36
37	SR 200 YD BACK	38
39	8-U 25 YD BREAST	40
41	13-14 100 YD BREAST	42
43	SR 100 YD BREAST	44
45	8-U 50 YD FLY	46
47	13-14 200 YD FLY	48
49	SR 200 YD FLY	50
51	8-U 100 YD IM	52
53	13-14 200 YD FREE	54
55	SR 200 YD FREE	56
57	13-14 200 YD R MEDLEY	58
59	SR 200 YD R MEDLEY	60
61	8-U 100 YD R MEDLEY	62

SATURDAY P.M.
WARM-UPS WILL BEGIN AT THE CONCLUSION OF A.M. EVENTS, BUT NOT BEFORE 12:00 NOON.
MEET BEGINS ONE HOUR LATER, BUT NOT BEFORE 1:00 P.M.

BOYS

EVENT

GIRLS

63	11YR OLD 50 YD FLY	64
65	12YR OLD 50 YD FLY	66
67	9YR OLD 50 YD FLY	68
69	10YR OLD 50 YD FLY	70
71	11YR OLD 100 YD BREAST	72
73	12YR OLD 100 YD BREAST	74
75	9YR OLD 100 YD BREAST	76
77	10YR OLD 100 YD BREAST	78
79	11YR OLD 50 YD BACK	80
81	12YR OLD 50 YD BACK	82
83	9YR OLD 50 YD BACK	84
85	10YR OLD 50 YD BACK	86
87	11YR OLD 200 YD FREE	88
89	12YR OLD 200 YD FREE	90
91	9YR OLD 100 YD FREE	92
93	10YR OLD 100 YD FREE	94
95	11-12 200 YD R MEDLEY	96
97	9-10 200 YD R MEDLEY	98

LCB-SUMMER INVITATIONAL

ORDER OF EVENTS SUNDAY AM - WARM-UPS AT 7:00AM, MEET BEGINS AT 8:00AM

<u>BOYS</u>	<u>EVENT</u>	<u>GIRLS</u>
99	8-U 25 YD FREE	100
101	13-14 100 YD FREE	102
103	SR 100 YD FREE	104
105	8-U 50 YD BACK	106
107	13-14 100 YD BACK	108
109	SR 100 YD BACK	110
111	8-U 50 YD BREAST	112
113	13-14 200 YD BREAST	114
115	SR 200 YD BREAST	116
117	8-U 25 YD FLY	118
119	13-14 100 YD FLY	120
121	SR 100 YD FLY	122
123	8-U 100 YD FREE	124
125	13-14 200 YD IM	126
127	SR 200 YD IM	128
129	13-14 200 YD R-FREE	130
131	SR 200 YD R-FREE	132
133	8-U 100 YD R-FREE	134

SUNDAY P.M.
WARM-UPS WILL BEGIN AT THE CONCLUSION OF A.M. EVENTS, BUT NOT BEFORE 12:00 NOON.
MEET BEGINS ONE HOUR LATER, BUT NOT BEFORE 1:00 P.M.

<u>BOYS</u>	<u>EVENT</u>	<u>GIRLS</u>
135	11YR OLD 50 YD FREE	136
137	12YR OLD 50 YD FREE	138
139	9YR OLD 50 YD FREE	140
141	10YR OLD 50 YD FREE	142
143	11YR OLD 100 YD BACK	144
145	12YR OLD 100 YD BACK	146
147	9YR OLD 100 YD BACK	148
149	10YR OLD 100 YD BACK	150
151	11YR OLD 50 YD BREAST	152
153	12YR OLD 50 YD BREAST	154
155	9YR OLD 50 YD BREAST	156
157	10YR OLD 50 YD BREAST	158
159	11YR OLD 100 YD FLY	160
161	12YR OLD 100 YD FLY	162
163	9YR OLD 100 YD FLY	164
165	10YR OLD 100 YD FLY	166
167	11YR OLD 100 YD FREE	168
169	12YR OLD 100 YD FREE	170
171	9-10 200 YD R-FREE	172
173	11-12 200 YD R-FREE	174

LAKE CENTRAL BARRACUDA'S

**MODIFIED SYOA SUMMER INVITATIONAL
JUNE 4 – 6, 2010**

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB _____ (“CLUB”)

IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE SWIM MEET, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS HEREBY RELEASE AND FOREVER DISCHARGE THE LAKE CENTRAL BARRACUDA SWIM CLUB, USA SWIMMING, LAKE CENTRAL HIGH SCHOOL, LAKE CENTRAL SCHOOL DISTRICT, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH SAID SWIM MEET AND THE FACILITIES AND PERSONNEL FOR IT. FURTHER, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS SHALL INDEMNIFY AND HOLD HARMLESS THE LAKE CENTRAL BARRACUDA SWIM CLUB, USA SWIMMING, LAKE CENTRAL HIGH SCHOOL, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH ANY INJURY TO ANY PERSON, INCLUDING DEATH, OR INJURY OR DAMAGE TO ANY PROPERTY.

THE UNDERSIGNED REPRESENTS THAT HE/SHE IS AUTHORIZED BY THE CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO EXECUTE THIS RELEASE AND HOLD HARMLESS AGREEMENT ON BEHALF OF EACH OF THEM, BINDING CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO THE TERMS HEREOF.

EXECUTED THIS _____ DAY OF _____, 2010

SIGNATURE _____

PRINTED NAME _____

POSITION _____

RETURN THIS PAGE AS PART OF YOUR ENTRY

LAKE CENTRAL BARRACUDA'S

**MODIFIED SYOA SUMMER INVITATIONAL
JUNE 4-6, 2010**

TEAM SUMMARY REPORT

THIS SUMMARY REPORT MUST BE COMPLETED AND RETURNED WITH ALL ENTRIES BY **5:00pm May 21, 2010**.
PLEASE MAKE CERTAIN TO INCLUDE THE FOLLOWING:

1. COMPLETED TEAM SUMMARY REPORT (I.E. THIS FORM)
2. CHECK FOR ENTRY FEES PAYABLE TO: **LAKE CENTRAL BARRACUDAS**
3. COMMLINK FILE ON 3.5" DISK AND PRINTED COPY (**\$50.00 ADMINISTRATION FEE IF A DISK IS NOT SUBMITTED (TEAMS OF FIVE OR MORE)**).
4. Completed Final Results Transmittal Form
5. Release and Hold Harmless Agreement

MAIL TO: LAKE CENTRAL BARRACUDAS, 14215 94th Pl, St. John, In 46373

CLUB _____
CLUB CODE _____

	# INDIVIDUAL ENTRIES	ENTRY FEE	TOTALS
BOYS		\$2.50EA	\$
GIRLS		\$2.50EA	\$
Relays		\$5.00EA	\$
Indiana Swimming Surcharge		\$1.50EA	\$

Total **\$**

	COACH	COACH
NAME:	NAME:	NAME:
ADDRESS:	ADDRESS:	ADDRESS:
CITY:	CITY:	CITY:
STATE:	STATE:	STATE:
ZIP:	ZIP:	ZIP:
HOME PHONE:	HOME PHONE:	HOME PHONE:
E-Mail:	E-Mail:	E-Mail

RETURN THIS PAGE AS PART OF YOUR ENTRY

Lake Central Barracudas

Final Results Transmittal Preference Form

Club: _____

Club Code _____

Please indicate how you would like to receive final results:

- _____ Hard Copy (snail mailed or .htm file emailed)
- _____ Meet Manger Back-up (emailed)
- _____ Team Manager .c12 file (emailed)
- _____ All of the above

Email address to which to send above: _____