

**LAKE CENTRAL BARRACUDA'S
WINTER INVITATIONAL
SANCTION # IN10058**

**LAKE CENTRAL HIGH SCHOOL
8400 WICKER AVE (RT 41)
ST. JOHN, IN 46373**

**DECEMBER 4, 5 & 6 2009
25YD POOL**

WWW.LCBSWIM.COM

- RULES:** Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming rules 202.3.2-At a sanctioned competitive event, USA Swimming athlete members must be under supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet director or Meet Referee shall assist the athlete in the making arrangements of such supervision.
- In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.11. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, , nor extend below the knee.
- START:** **No recall start procedure will be used.**
- FORMAT:** All events will be timed finals.
- ELIGIBILITY:** Held under the sanction of USA Swimming, Inc. **Sanction IN 10058.** Current USA Swimming, Inc. registration required. No entries will be accepted unless the entrant is either registered or certified with USA Swimming, Inc. The swimmer's age as of December 4, 2009 will determine the age of the swimmer for the entire meet. Coaches **MUST** constantly display their USA Swimming coach credential to gain access to the deck. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply.
- CHECK IN/ SCRATCH:** This is a **positive sign-in meet**. Positive sign-in means, "I'm here, I intend to swim." To sign in positively, highlight swimmer's name on sign in sheets. Sign-in sheets will be posted before the start of warm-ups. The deadline for positive sign-in will be 30 minutes before the scheduled start of the session. At that deadline, the sheets will be removed and no changes or corrections will be accepted. Any swimmer scratched under this rule may present to the referee at least 2 minutes before the start of the slowest heat of the event(s) scratched and request to swim in an empty lane. The referee will honor such requests on a first come, first served basis and only to the extent empty lanes are available.
- CLERK OF COURSE:** **8 & UNDER EVENTS:**
Swimmers must report to the clerk of course at least 15 minutes before the start of the event.
- ALL OTHER EVENTS:**
No clerk of course. Seeded heat sheets will be posted on deck immediately before the start of each session. It is the swimmers responsibility to appear at the correct starting platform ready to swim in time for the initial start of his/her heat.
- FACILITY:** 6-lane 25 yd competition pools with non-turbulent lane markers, Daktronics electronic timing equipment, spectator seating.
- AWARDS:** Top 3 teams recognized. Trophies awarded. Team scores will include 1st thru 12th place and all relay event points.
- Ribbons will be given out for 1st thru 12th place finishes. An individual high point trophy will be Awarded to the swimmers in 1st, 2nd & 3rd place finishes in each age group achieving the most points.
- RELAY EVENTS:** Medals for 1st - 3rd places
- SCORING:** Scoring and results by "**HY-TEK**" meet manager for Windows.
- COACHES:** Coaches packets will be available for the teams represented by three or more swimmers. Coaches meeting will be 15 minutes prior to each session. Only coaches, swimmers, officials & meet are Allowed on deck. This is a requirement of USA Swimming.

ENTRY FORMS:

Entries will be accepted starting Monday, November 6, 2009. The entry deadline will be 5 pm on Friday November 20, 2009. We will extend the deadline if the meet is not full. All entry packets must be submitted via email (preferred method), US Mail or other delivery service. No hand deliveries or telephone entries will be accepted. Email entries should be sent to Jeff Kilinski at: jeffsue_kilinski@sbcglobal.net and will receive a return email confirmation. Please note that This confirmation only acknowledges receipt of the file, not acceptance into the meet. The email Entry must be followed up by a hard copy of the entry information and submission of the hard copy Prior to the entry deadline date.

ENTRY LIMIT:

Swimmers may swim a maximum of five (5) individual events and one relay per day. Total number of swims will be limited to ensure a timely completion of the day's events. All entries will be accepted in the order received to the maximum number of entries, and to ensure the 4 hour time rule. Host club reserves the right to fill events with their own swimmers.

Deck entries will be accepted for those swimmers already entered into the meet. Relay deck entries will be accepted up to one hour after the beginning of each session. No deck entries accepted after positive check in.

FEES:

EACH INDIVIDUAL EVENT: **\$2.50**
EACH RELAY: **\$5.00**
INDIANA SWIMMING SURCHARGE: **\$1.50** per swimmer

PLEASE MAKE CHECKS PAYABLE TO: "LAKE CENTRAL BARRACUDAS."

MAIL ENTRIES TO:

Lake Central Barracudas

P.O. Box 128

St. John In, 46373

Or E-Mail entries to jeffsue_kilinski@sbcglobal.net

Refunds will be issued for those cut from events due to timeline restrictions

WARM-UPS:

FRIDAY - LOCKERS AND POOL AREA CLOSED UNTIL 5:00PM
DO NOT ARRIVE EARLY!

FRIDAY:	5:00 PM CST	MEET BEGINS 6:00 PM CST
SATURDAY:	7:00 AM CST	MEET BEGINS 8:00 AM CST
SUNDAY:	7:00 AM CST	MEET BEGINS 8:00 AM CST

NOTE: POOL WILL “NOT” BE AVAILABLE BEFORE 5:00PM ON FRIDAY DUE TO HIGH SCHOOL PRACTICE. PLEASE DO NOT ARRIVE PRIOR TO 5:00PM.

SATURDAY AND SUNDAY AFTERNOONS - Warm-ups will begin immediately following The end of the morning session **but** not before 12:00 NOON. The meet begins *one hour* after Warm-ups, but not before 1:00PM.

UNESCORTED SWIMMERS:

All unescorted swimmers must report to the meet director or the on-deck referee for lane assignment for warm-ups

FINAL RESULTS:

Final results will be mailed to teams represented by three or more swimmers.

CONCESSIONS:

There will be concessions at all sessions.

MEET DIRECTOR:

Jeff Kilinski
219-365-1406

**LAKE CENTRAL BARRACUDAS WINTER INVITATIONAL
ORDER OF EVENTS**

FRIDAY P.M. - WARMUPS AT 5:00 P.M., MEET BEGINS AT 6:00 P.M.

<u>GIRLS</u>						<u>BOYS</u>
1	9-10	200	YD	IM		2
3	11-12	200	YD	IM		4
5	13-14	400	YD	IM		6
7	15-18	400	YD	IM		8
9	9-10	200	YD	FR		10
11	11-12	500	YD	FR		12
13	13-14	500	YD	FR		14
15	15-18	500	YD	FR		16

SATURDAY A.M. - WARMUPS AT 7:00 A.M., MEET BEGINS AT 8:00 A.M.

<u>GIRLS</u>						<u>BOYS</u>
17	9-10	50	YD	FR		18
19	11-12	100	YD	FR		20
21	9-10	100	YD	FL		22
23	11-12	100	YD	FL		24
25	9-10	100	YD	BA		26
27	11-12	50	YD	BA		28
29	9-10	50	YD	BR		30
31	11-12	100	YD	BR		32
33	9-10	200	YD	FR Relay		34
35	11-12	200	YD	FR Relay		36

SATURDAY P.M.

**WARMUPS WILL BEGIN AT THE CONCLUSION OF A.M. EVENTS, BUT NOT BEFORE 12:00 NOON.
MEET BEGINS ONE HOUR LATER, BUT NOT BEFORE 1:00 P.M.**

<u>GIRLS</u>						<u>BOYS</u>
37	15-18	200	YD	FR		38
39	13-14	100	YD	FR		40
41	8&U	25	YD	FR		42
43	15-18	100	YD	FL		44
45	13-14	100	YD	FL		46
47	8&U	50	YD	FL		48
49	15-18	200	YD	BR		50
51	13-14	200	YD	BR		52
53	8&U	50	YD	BR		54
55	15-18	100	YD	FR		56
57	13-14	100	YD	BA		58
59	8&U	25	YD	BA		60
61	15-18	100	YD	BA		62
63	13-14	200	YD	IM		64
65	8&U	100	YD	FR		66
67	15-18	400	YD	FR Relay		68
69	13-14	200	YD	FR Relay		70
71	8&U	100	YD	FR Relay		72

**LAKE CENTRAL BARRACUDAS WINTER INVITATIONAL
Order of Events**

SUNDAY A.M. - WARMUPS AT 7:00 A.M., MEET BEGINS AT 8:00 A.M.

<u>GIRLS</u>						<u>BOYS</u>
73	11-12	50	YD	FR		74
75	9-10	100	YD	FR		76
77	11-12	50	YD	FL		78
79	9-10	50	YD	FL		80
81	11-12	100	YD	BA		82
83	9-10	50	YD	BA		84
85	11-12	50	YD	BR		86
87	9-10	100	YD	BR		88
89	11-12	200	YD	FR		90
91	9-10	200	YD	M Relay		92
93	11-12	200	YD	M Relay		94

SUNDAY P.M.

**WARMUPS WILL BEGIN AT THE CONCLUSION OF A.M. EVENTS, BUT NOT BEFORE 12:00 NOON.
MEET BEGINS ONE HOUR LATER, BUT NOT BEFORE 1:00 P.M.**

<u>GIRLS</u>						<u>BOYS</u>
95	15-18	50	YD	FR		96
97	13-14	200	YD	FR		98
99	8&U	50	YD	FR		100
101	15-18	200	YD	FL		102
103	13-14	200	YD	FL		104
105	8&U	25	YD	FL		106
107	15-18	200	YD	IM		108
109	13-14	50	YD	FR		110
111	8&U	100	YD	IM		112
113	15-18	100	YD	BR		114
115	13-14	100	YD	BR		116
117	8&U	25	YD	BR		118
119	15-18	200	YD	BA		120
121	13-14	200	YD	BA		122
123	8&U	50	YD	BA		124
125	15-18	200	YD	M Relay		126
127	13-14	200	YD	M Relay		128
129	8&U	100	YD	M Relay		130

RETURN THIS PAGE AS PART OF YOUR ENTRY

**LAKE CENTRAL BARRACUDA'S
WINTER INVITATIONAL
DECEMBER 4, 5 & 6 2009**

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB _____ (“CLUB”)

In consideration of being permitted to participate in the swim meet, club and its swimmers, coaches, parents, members and volunteers hereby release and forever discharge the Lake Central Barracuda Swim Club, USA Swimming, Lake Central High School, Lake Central School District, the respective owners, trustees, directors, officers, agents, employees, members, successors and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages or expenses, of whatever kind or character, arising out of or in connection with said swim meet and the facilities and personnel for it. Further, club and its swimmers, coaches, parents, members and volunteers shall indemnify and hold harmless the Lake Central Barracuda Swim Club, USA Swimming, Lake Central High School, Lake Central School District, the respective owners, trustees, directors, officers, agents, employees, members, successors and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages or expenses, of whatever kind or character, arising out of or in connection with any injury to any person, including death, or injury or damage to any property.

The undersigned represents that he/she is authorized by the club and its swimmers, coaches, parents, members and volunteers to execute this release and hold harmless agreement on behalf of each of them, binding club and its swimmers, coaches, parents, members and volunteers to the terms hereof.

EXECUTED THIS _____ DAY OF _____, 2009

SIGNATURE _____

PRINTED NAME _____

POSITION _____

RETURN THIS PAGE AS PART OF YOUR ENTRY

**LAKE CENTRAL BARRACUDA'S
WINTER INVITATIONAL
DECEMBER 4, 5 & 6 2009
TEAM SUMMARY REPORT**

THIS SUMMARY REPORT MUST BE COMPLETED AND RETURNED WITH ALL ENTRIES BY **NOVEMBER 20, 2009**.

PLEASE MAKE CERTAIN TO INCLUDE THE FOLLOWING:

1. COMPLETED TEAM SUMMARY REPORT (I.E. THIS FORM)
2. CHECK FOR ENTRY FEES PAYABLE TO: LAKE CENTRAL BARRACUDAS
3. COMMLINK FILE ON 3.5" DISK AND PRINTED COPY (\$50.00 ADMINISTRATION FEE IF A DISK IS NOT SUBMITTED).

MAIL TO: Lake Central Barracudas PO Box 128 St. John, In 46373

CLUB _____
CLUB CODE _____

	# INDIVIDUAL ENTRIES	ENTRY FEE	TOTALS
BOYS		\$2.50EA	\$
GIRLS		\$2.50EA	\$
Relays		\$5.00EA	\$
Indiana Swimming Surcharge		\$1.50EA	
Totals			

CLUB OFFICIAL	COACH	COACH
NAME:	NAME:	NAME:
ADDRESS:	ADDRESS:	ADDRESS:
CITY:	CITY:	CITY:
STATE:	STATE:	STATE:
ZIP:	ZIP:	ZIP:
HOME PHONE:	HOME PHONE:	HOME PHONE:
OFFICE PHONE:	OFFICE PHONE:	OFFICE PHONE:

Results Form

Hard copy (snail mail or .HTM File E-mailed)

Meet Manager Backup (E-mailed)

Team Manager .cl2 file (E-mailed)

All of the above

E-mailed Address to Send Results